Derby Nomad Way Circling Derby City

A walk to Commemorate 75 years of Derby Nomad Ramblers 1935 - 2010 Length 50 miles, 80 kilometres

The "Derby Nomad Way" is a 50 mile, 80 kilometre, recreational route circumnavigating the City of Derby. It has been created to celebrate 75 years of Derby Nomad Ramblers which was established in September 1935. The trail was planned using Ordnance Survey 1:25 000 Explorer Sheet Nos. 245, 259 and 260. It can be tackled in linear stages of between 5 and 12 miles, allowing options for a half-day or a full-day of exercise. Sections can also be combined to make longer stretches or, the full circuit attempted as a challenging long-distance walk.

The way-marked route traverses the rolling countryside within the Districts of Amber Valley, Erewash Valley and South Derbyshire and passes through 22 Civil Parishes in the rural environs surrounding the Derby City boundary. Along the way are numerous industrial archaeological sites and a richness of medieval features plus important places of religious worship, all of enormous interest and great historical value. Historical and other information of interest in this booklet is highlighted in red.

By making use of the available public transport (shown in blue in this booklet) radiating from the centre of Derby, walkers may select an appropriate linear section and return to the City via another service. Ring traveline on 0871 200 22 33 or visit www.traveline.org.uk for details of these bus services. All of the footpaths and tracks are public rights-of-way and entirely within the County of Derbyshire. The terrain is not difficult and the walk defined as 'moderate', so it is particularly suitable for most active people and families. The walk is multivariational in its concept and provides opportunities for exploration and voyages of discovery for those who may not wish to be involved in a whole day of purposeful walking.

Parts of the trail follow the course of the former Derby Canal as well as stretches of the Trent & Mersey Canal and the River Trent. Crossings of the River Derwent are made at Duffield and Church Wilne. Villages included on the 'Nomad Way' are Quarndon, Duffield, Little Eaton, Morley Smithy, Dale Abbey, Stanton-by-Dale, Risley, Breaston, Draycott, Shardlow, Aston-on-Trent, Weston-on-Trent, Swarkestone, Barrow-on-Trent, Findern, Etwall, Dalbury, Lees and Langley Common. A number of these locations have regular bus services to facilitate the start or termination of a chosen section. There is a variety of hostelries and cafes in the form of canal-side Taverns, Lock-Keeper's cottages, old Coaching Inns and Tea Rooms able to offer a wide range of refreshments.

The "Derby Nomad Way" will help nurture interest in protecting the countryside and encourage an appreciation of the wealth of natural heritage that lies less than half-an-hour's bus-ride from Derby City centre. The suggested starting / completion point is Dale Abbey which lies approx. 8 miles from Derby, just off the A6096 road to Ilkeston.

Guidance Note: The Final Instruction of a preceding Section will be useful to orientate the Start of a subsequent Section of the Walk.

And finally

- When applicable always walk facing traffic on the right-hand-side of the road
- Observe the Countryside Code Respect, Protect, Enjoy
- Keep dogs under close control at all times preferably on a short lead.

Dale Abbey to Shardlow - 11 miles, 17.6 kilometres

Public Transport

To start - Catch Ilkeston Flyer from City centre to "Cat and Fiddle" Bus Stop above Dale Abbey. Walk to the start of route in village. At finish - Catch SkyLink Bus from Shardlow to return to City centre.

Formerly known as Depedale, the village possesses the minimal remains of the Premonstratensian foundation of 12th century Dale Abbey, dissolved in 1538. Among the antiquities to explore and discover is All Saint's Church, semi- detached with a farmhouse which was once a hospital and an inn. The 'Hermitage' in the ancient woodland of Hermit's Wood, is a cave retreat carved out of the sandstone crag. Dale, is the perceived home of legendary outlaw Alan-a-Dale, one of Robin Hood's Merry Men.

- 1. Commence walk in village centre and proceed along Moor Lane to bend in road. Go ahead into lane, passing Dalemoor Cottage and Rosedale Cottage on your left and proceed across the ford.
- 2. As the lane bears left, go ahead on footpath.
- 3. When path reaches a track, turn right and walk up as far as Furnace Pond Farm.
- 4. Before the pond, turn left onto footpath in front of the pond and fence. Do not go through stile on to the pond side of the fence.
- 5. Follow path to the right of Stanton Grove.
- 6. Cross stile to pass to the right of the spoil heap and walk in the direction of the defunct Stanton Iron Works.
- 7. Turn right opposite stile where footpaths cross, approx. halfway down field
- 8. Follow this path across 3 fields (2 stiles) and continue straight on in the 4th field.
- 9. After the 4th field, go over stile and follow path to the left of the hedgerow.
- 10. After the next stile, follow the path and pass Children's Playground on the left.
- 11. Leave the field by a footpath on the right, just before the path goes into Flake Lane. Do not go down the lane unless you wish to explore Stanton-by-Dale.

The 'Stanhope Arms' pub in the village is a reminder of the influential Earl Stanhope, who originally leased his land to the Ironmasters. The world famous Stanton Company purchased the estate in 1912 and took over the

maintenance of the village, which is now a Conservation Area to preserve its unique character. The Church of St. Michael and All Angels dates from the early 14th century, but restored in 19th century. Queen Victoria's long reign was commemorated with the installation of the ornate cast-iron pump which was made in Coalbrookdale. The Butter Cross of 1632 and the adjacent 'mounting-post are interesting relics from the Past. An alternative hostelry within the village is the 'Chequers' on Dale Road.

- 12. Follow path until you reach a road. Cross road and turn left and almost immediately, go right into footpath. This is before the Chequers Inn which is on the opposite side of the road.
- 13. Ascend this path, going straight ahead until you reach No Man's Lane in approx. half a mile, across 3 fields.

After leaving Stanton-by-Dale, a high viewpoint is reached at No Man's Lane. A 'trig-point' located behind the roadside hedge is 133m above sea level. The magnificent panorama to the south, over-looks the Trent Valley and in the distance can be seen the mighty Ratcliffe-on-Soar Power Station, as well as the thistle-shaped Control Tower at East Midlands Airport. Also discernable on the horizon is Bradgate Park's 'Old John Tower' and Beacon Hill in Charnwood Forest, Leicestershire.

- 14. Turn left onto road and in approx. 180 metres, join footpath on the right. Go forward across 3 fields, onto Maywood Golf Course.
- 15. When you reach the road, bear left and cross over to pick-up footpath over golf course and cross a plank-bridge. White posts with green tops and yellow bands mark the way forward.
- 16. At the end of the first part of the golf course, go straight ahead on the track through a copse Do not take path to the right then cross over plank-bridge.
- 17. Go straight ahead and cross the second part of the golf course. Continue to follow the white posts with green tops and proceed into and up a field. Go past paths to the left and right onto bridleway / track to reach the B5010.

Maywood Golf Course is laid out on the site of the medieval Risley Deer Park. In Risley, All Saints Church of 1530 contains an alabaster font of that period, mined from Chellaston. The 'Latin House' of 1706, in ornate Queen Anne style, adorns the main road. Risley Hall, now a hotel, was the home of the notorious financier Terah Hooley. The "Risley Park Inn" is the nearest suitable place of refreshment approx ½ mile off the route towards Derby.

Return bus service (R4) to Derby available from Risley.

- 18. Cross the road and walk down lane between House Nos. 69 and 71a.
- 19. Cross bridge over 'Brian Clough Way' (A52) and immediately turn left on to footpath and follow round to the right. Continue straight on, keeping the hedge to your left. Just before reaching a road, turn right on to the old Derby Canal path. For the next 2 miles the walk

- shares a section of National Cycle Route No.6, along the former canal which is filled-in.
- 20. Proceed along this path, crossing the road at the Navigation Inn.

The Navigation Inn is on the outskirts of Breaston and ideal for a lunchtime stop if desired. Alternative pubs can be found within the village centre.

Return bus service (Indigo) to Derby available from Breaston.

- 21. Continue on this path following signs to Derby and cross over one road until you reach the Millennium Signpost. The last part of the path runs parallel to the road the A6005 between Borrowash and Draycott. The A6005 follows the line of an old Roman Road.
- 22. Where the path ends at the road turn right CROSS THE ROAD WITH CARE Turn left into Nooning Lane and cross the railway bridge.
- 23. Walk to the end of this lane and you will get your first view of the River Derwent. Do not take the bridleway down to the river Turn left onto a footpath.
- 24. Follow this path straight on until you reach the Housing Estate. Walk on the path between the houses and turn right into Lime Grove.
- 25. Turn right again into Cleveland Avenue. Follow Cleveland Avenue around to the right and take footpath at the end. The path then leads into the end of Derwent Street. Turn left and walk down Derwent Street passing "Draycott Hall" on your left.
- 26. At the other end of Derwent Street turn left and then almost immediately right into South Street. Here you will go past the Beetroot Gallery and Café. Before turning right into South Street, if you continue up the road, you will enter the centre of Draycott with pubs, cafes and Public Conveniences.

Return bus service (Indigo) to Derby available from Draycott.

- 27. Follow South Street until the road bends left but at that point take the footpath on the right and join the Midshires Way.
- 28. On reaching the road at Pumping Station turn left on road. After a short distance, turn left onto a footpath. This is still the Midshires Way.
- 29. Follow this footpath to the road, crossing over one path, then turn right.
- 30. Just after road bends right, turn sharp left on to footpath signposted to Shardlow and continue to follow the Midshires Way.

At nearby Church Wilne, the font in the Parish Church of St. Chad is carved from the shaft of a Saxon Cross and is one Derbyshire's oldest treasures.

31. Follow the Flood Defence embankment and cross the River Derwent

- via the footbridge and proceed across the field.
- 32. At the end of the field turn left into Wilne Lane.
- 33. Follow Wilne Lane through the hamlet of Great Wilne into Shardlow Cross the bridge over the canal and go down steps to join the towpath Walk along towpath through to the B5010 at Bridge No.3.

Shardlow possesses a wealth of wharves and warehouses from the time thatit became a very important canal-port during the 19th century. Many of these buildings are now converted to other use, particularly, the Clock Warehouse which offers food, as do other canal-side taverns like the "Malt Shovel" and "New Inn", in addition to the "Navigation" at the end of Wilne Lane.Located approx. 400 metres off-route, on the road towards Derby, is St. James's Church with its cast-iron windows and tracery in the perpendicular style.

Catch SkyLink bus to return to Derby City centre.

Shardlow to Findern - 12.5 miles, 20 kilometres

Public Transport

To start - Catch SkyLink Bus from City centre to stop at Wilne Lane, Shardlow. Walk to start.

At finish - Catch V3 bus from Findern to return to City centre.

Completed in 1777, the Grand Trunk (Trent and Mersey) Canal, is 93½ miles long and connects Preston Brook near Warrington with the River Trent at Derwent Mouth. The mainsprings for its initiation were Erasmus Darwin, the distinguished Derby philosopher and Josiah Wedgwood. The Engineer was James Brindley - "The Father of Canal Building" - a veritable Derbyshire lad, born in Tunstead, near Wormhill.

- 1. From Canal Bridge No.3 at B5010 Continue on tow path until you reach Bridge No.5 at Acre Lane. Leave towpath and go right and over bridge.
- 2. Join quarry service road and proceed to Shardlow Road.
- 3. Cross the road –WITH CARE- bearing slightly right and join footpath. Go forward keeping to the left of the field.
- 4. When reaching the farm track turn right and then immediately through a gap in the hedge.
- 5. Cross two fields passing over a wooden bridge.
- 6. Go through stile and past houses At footpath sign go straight ahead onto Manor Farm Road into Aston-upon-Trent.
- 7. At junction turn left into Moor Lane.
- 8. At the next junction turn left onto Derby Road and walk through village.

The former Village Pump canopy now provides a quaint bus shelter. All Saints Parish Church contains examples of every style of medieval building from Anglo-Saxon to Perpendicular. The "White Hart" and "Malt Shovel" are close to the centre of the village.

Return bus service (73) to Derby available from Aston-upon-Trent.

- 9. Enter Shardlow Road, passing by the church and turn right on to bridle path signed "To King's Mills". This is opposite the entrance to the Recreation Ground.
- 10. At junction, by Weston Grange, turn left on track and go over canal bridge.
- 11. Continue on track and pass under railway bridge and in approx. 50m turn right onto footpath.
- 12. Walk half-left towards a pylon and gate in field boundary.
- 13. Go though gate and walk half-left through this field, aiming for the white-painted upright, to reach the bank of the River Trent.

A pair of old bull-head rails form the upright that supported the chain-tow of the old ferry crossing to King's Mills.

- 14. With your back to the river, walk half-left, parallel with overhead power lines to gate/stile in hedge and turn right into King's Mills Lane.
- 15. Walk up to canal and cross bridge at Weston Lock, turning right, after a few metres and continue along King's Mills Lane.
- 16. Go over railway bridge then turn right onto footpath and proceed across field into Weston-upon-Trent.

The needs of walkers can be catered for at the 'Cooper's Arms' which occupies the once-moated Weston Hall - a fine Elizabethan building, enhanced by a private fishing lake.

- 17. Cross the road WITH CARE to 'The Green' bearing left on road towards the 'Coopers Arms'. Just past the entrance to this road there is a footpath-sign on the left, partially obscured and to the right of a hedge. Keeping the hedge on your left, walk up this path until you reach a turning through the hedge at a footpath sign.
- 18. Go through the hedge and walk diagonally right across the field to the corner to reach a road. On reaching the road, turn left and go over the railway bridge. Cross the road APPLYING EXTREME CARE and take right turn onto lane signed "To Parish Church".

St. Mary's Churchyard holds the interred remains of Ukrainian refugees who were housed in the adjacent former army camp, after the end of the Second World War. The headstones are uniquely of a style of the mother country. The area, now known as 'Tarasivka' is a Youth Centre, providing a recreational camping & caravan park and leisure facility for Britain's Ukrainian community.

19. Just past the Church take the footpath on the right before Weston House. Follow footpath around field and turn left onto drive.

Nearby is a commune of timber huts and chalets set up in 1920's and 30's, all much modernised today. These retreats grew up adjacent to the Cliff Inn, a

popular spot for young people to meet but closed when the site became a military installation. This former bargee's and packhorse-man's tavern has been a hostel and social club within "Tarasivka" but is now little used.

20. Walk down the drive and bear left. Follow the footpath behind the former 'Cliff Inn' and down to the canal. Go over the cast-iron horse-bridge, Bridge No.10 and turn left back under the bridge to join the tow-path.

At this once busy spot here at Weston Cliff', blocks of alabaster from Chellaston and Aston were transhipped from canal narrow boats to river barges at the wharves which existed in Black Pool Basin for dispatch into the Trent Navigation.

- 21. Follow towpath under the stone arch of Sarson's Bridge No.11 and immediately under the former railway (Derby-Ashby Line) Bridge No.11A, which now carries National Cycle Route No.6. Continue along the canal until you reach Massey's Bridge No.12 and here, leave the tow-path, and turn left onto a footpath and then right into the field.
- 22. Walk across two fields and continue on path in far left corner of second field follow path on the right-hand side of the hedge.
- 23. When you reach Swarkestone Pavilion, on your right, take the footpath aiming just to the right of the church.

Remains of the original Hall outbuildings are much evident. The nearby, "Pavilion", now restored and let by the Landmark Trust as holiday accommodation, forms part of a substantial stonewalled enclosure. Conjecture suggests the field to have been a 'Tiltyard' but its real purpose is shrouded in mystery. It is a great fascination.

There are many signs of important activity from long ago when this was the home of the Harpurs, before their ascendency to the Baronetcy and removal to Calke Abbey, over the hill to the south of Melbourne and Ticknall. The Church of St. James contains Chellaston alabaster tomb chests in the Harpur chapel. Also worth taking a look at are some interesting memorials in the graveyard.

24. Pass through stile to the right of the church, turning left onto the road and then turn right onto footpath opposite the church. Follow this path to the A514. CROSS THIS BUSY ROAD WITH CARE to the 'Crewe and Harpur'.

The 'Crewe and Harpur Arms' at Swarkestone is ideal for a refreshment stop. Swarkestone Bridge and Causeway at ¾ mile is the longest in the country and the most southerly point reached by Bonnie Prince Charles Edward Stewart's Jacobite Army when marching to London to seize the British Crown from George II in 1745.

Return bus service (61) to Derby available from Swarkestone.

- 25. Walk down the road between the pub and the river and turn left on to a footpath where the road bears right. Follow path and go over stile. The public footpath continues to the right. An angler's concessionary path leads to the left and follows along the riverbank, eventually joining the right-of-way upstream.
- 26. Follow the public right-of-way, with hedge and house on the right at the start, and continue straight ahead over a stile, then across a large field to the far left corner, which is adjacent to the River Trent. Continue on on path alongside the river and over a wooden bridge to reach Barrow upon-Trent.

It is worth the short diversion along the lane to visit the Church of St. Wilfred, restored during the mid-13th century. Interesting buildings within the village worthy of inspection, are the Parish Houses, known as 'The Row'; the former Methodist Church of 1839, built on a foundation of stone arches as a protection from flooding on the marshy ground; the Lodge House to Barrow Hall and Sale and Davys Church of England Primary School, built in 1843. A possibility for a refreshment stop within the village exists at 'The Brookfield' Club.

- 27. On reaching the lane, turn right on to track and after a short distance continue on footpath between houses and hedge.
- 28. Continue, passing over a track and then proceed on a fenced path going into a track, passing houses on the left.
- 29. At a house called 'Hill View' turn right over a stile into a field and proceed half-left to the far left corner of the field. On reaching A5132 Swarkestone
 Road Turn left and CROSS WITH CARE.
- 30. In a short distance, turn right into Sinfin Lane. After the first house on the left, turn left onto footpath marked "Deepdale Bridge".
- 31. Follow path half-right, cross over stile and go through 3 fields, walking parallel to the railway line, to the railway bridge.
- 32. Take the path up the steps and go over the railway bridge to canal Do not go over the canal bridge Rejoin the canal towpath and proceed under Bridge No.17.

The 16th-17th century Arleston House, adjacent to the canal at Bridge No.18 incorporates 14th century remains of Knights Hospitaller's 'Barrow Camera' which was connected with Stydd Preceptory near Yeaveley.

33. Continue on the towpath going through Bridge No.18 and eventually reach Stenson Lock at Bridge No.19.

The small hamlet of Stenson, with its busy modern marina, offers light refreshments at the Lock-house or 'The Bubble Inn' for something more substantial. The Lock is the deepest in the country with a 12 foot rise.

34. CROSS THE ROAD WITH CARE and continue on the towpath to Bridge No.20. Turn right over the bridge then immediately left

and follow bridleway on the other side of the canal.

Bridge No.20 has largely been rebuilt following a catastrophic collapse of the 18th century brick arch as a result of a dynamic overload by an agricultural vehicle.

- 35. Go under Bridge No.21 carrying Derby-Birmingham Railway Line and in a short distance pass through a stile into Stanhope Nature Reserve and follow path and up steps to track.
- 36. Turn left, then after a short distance, right through tunnel under the A50. After leaving tunnel, a short distance on, take Concessionary Footpath on the left through Bird Sanctuary. Follow this path and bear right onto track.
- 37. Turn left on track called Crow Park Way then turn left into Common Piece Lane and left again onto Sycamore Avenue, heading towards the church. Follow road to village green in Findern.

The "Wheel Inn" is available for refreshments. 'All Saints' on the edge of the traditional village green, is a Victorian construction from the 1860's, which contains a Norman tympanum from the original church.

Catch V3 bus to return to Derby City centre.

Findern to Kirk Langley - 10 miles, 16 kilometres

Public Transport

To start - Catch V3 from City centre to The Green at Findern. Walk to start. At finish - Catch The Swift (Mon-Sat) or 108 bus (Sun only) near Sandy Lane Farm on A52 to return to City centre.

- 1. From the Green Turn right by the Post Office into Doles Lane.
 Shortly after the shops on the left side of the road, proceed up sloping path on the left and follow the path leftwards into Green Way.
- 2. Turn left almost immediately into Hawthorn Crescent. Follow this round and then turn right into path between houses at the street name sign. When leaving this path turn left into Mill Close at the top. At the end of this road, bear right onto a path leading to a road marked 'Hillside'. Proceed straight along the 'No Through Road' called Porters Lane.

The Tower House, built in 1715 as a corn mill, was once the home of former Health Minister Edwina Currie whilst MP for South Derbyshire. The sails are long gone.

- 3. About 50 metres after the houses end, turn left on to a footpath 'Airport Way' named after the old airport near here. Continue, with fence / hedge to your left, to the farm at the A38. At the farm, cross lane and over 2 stiles to the verge of the A38.
- 4. Turn left and walk in front of the farm and then left on to a footpath

- just past the farm buildings.
- 5. Walk ahead across field to go over stile and turn right. Walk down track with hedge on right. Turn left where track ends.
- 6. After a short distance, turn right following footpath and walk down 3 fields keeping hedge to your right. At the end of the 3rd field turn right and follow path to steps. At the top the steps, turn right and follow barrier around to the end of top slip-road. Ignore sign to Willington.
- 7. When you have a clear view to your right, CROSS THE ROAD WITH CARE and walk on the path to the steps on your right, down to the A38. Go down these and turn left to join the footpath/cycle track along side the A38. Walk to the slip road and CROSS WITH CARE, then turn right and continue to walk down the footpath/cycle track beside the A38.

The modern A38 trunk route follows the line of the Roman 'Ryknield Street' which is a branch of Fosse Way running from Bourton-on-the-Water in the Cotswolds to Templeborough (Rotherham) via the Fort of 'Little Chester' in Derventio (Derby).

- 8. Continue alongside A38 for about half a mile, pass the Toyota factory, and just over the brow of the hill, turn left onto footpath.
- 9. Proceed with hedge on your left for two fields. In the third field cross stile in the hedge to follow path on the other side of the hedge. The hedge is now on your right with a copse on your left.
- 10. Follow path around copse to road. The Toyota car plant can be seen to the left, but turn right and after a short distance take footpath through the hedgerow on the left.

The Toyota Factory is built on the former estate of Burnaston Hall, purchased by Derby Corporation in early 1930's to build Derby Airport. During WW2 it was a USAAF base and post-war became the home of "Derby Aviation", the forerunner of British Midland Airways and bmibaby. The inadequacy of the grass-strip landing field and increase in civil aviation precipitated the construction of East Midlands Airport on the former RAF WW2 Castle Donington Aerodrome which opened in 1964.

11. Follow the path past a pond and over a bridge by the pond, then keep on the path, which twists and turns for approximately a mile until you reach Willington Road; then turn right. Willington Road changes to Oaklands Road and then reverts back to Willington Road. Follow this to the village of Etwall and turn right on to Main Street. Walk up to the church in the centre of the village - CROSS ROAD WITH CARE.

The Parish Church of St. Helen contains the tomb of Sir John Port, founder of Repton School and also the adjacent Port Hospital Almshouses where the magnificent wrought iron gates by Robert Bakewell of Derby are now preserved. They originally stood at the entrance to Etwall Hall. Well-dressing was revived in 1970 and takes place annually in the middle of May. Public Houses serving refreshments are the 'Hawk & Buckle' and the 'Spread Eagle'.

Return bus service (V1/V2) to Derby available from Etwall.

- 12. Turn left into Church Hill Road, with St. Helens Church on the left. At the end of the road take the footpath to the left of a wall and go straight ahead over a road by the kissing-gates.
- 13. At the end of the path cross a stile into a field and turn left along the side of the field to the Etwall By-Pass (A516). CROSS THIS BUSY ROAD WITH EXTREME CAUTION and continue into footpath on the opposite side.
- 14. Go into the field and across field diagonally to stile in right-hand corner and onto a path that goes over the former Derbyshire Extension Line of the Great Northern Railway now National Cycle Route No.54.
- 15. At the end of the path go over stile and into field. Proceed up the field to the left of the hedge. Do not turn right. After about 200 metres in the second field, turn right through hedge into another field and cross this diagonally to a stile.
- 16. Follow path over 2 fields. On reaching 3rd field by footbridge, do not turn left or right but aim slightly to the left of the far corner of the 3rd field. Note Sign: 'Scary Crow Wood' on the left.
- 17. Proceed through stile over the ditch into the next field go half-left and cross the bridge over Etwall Brook into the next field. Proceed half-right across the next field and follow alongside hedge, keeping to the left-hand side of the hedge. Cross the stile into the churchyard at Dalbury.

The Early English 'All Saints' Church largely dates from 13th century but contains 12th century stained glass of St. Michael, reputedly the oldest example in the country. The porch stonework shows evidence of arrow sharpening dating from the time of compulsory archery practise on Sundays.

- 18. Leave the church by the main path and turn left up the lane for a short distance. Go through gate and turn immediately right and into the next field. Walk up the track to the farmyard. Go through the yard to a stile in the right hand corner.
- 19. Walk half-right across this field to the right-hand corner over the stile and half-right across the field to the road. Turn left on the road and walk along the road for a short distance and then turn right into the footpath at Rook Hills Farm.
- 20. Walk along farm track to farm and into farmyard. Before you reach the farmhouse turn right and go up the track through gate into field. Walk through field, at first keeping hedge to your right, then aim for a single Oak to a gate, behind the Oak. Do not turn off on to other footpaths.
- 21. Go through the gate and diagonally across the field to a stile, crossing over footbridge and diagonally right again across field to road. Cross road to stile slightly to the left and into field. Go half-left across the field to a stile.
- 22. Go over the track and down field keeping farm to the right. About half

- way down the field go through a gap in the hedge to a track. Turn left down track.
- 23. After about 200 metres and just past a gas-main marker, turn right through a gap in the hedge Not over wooden fence. Go diagonally left across the field, over stile and continue in same line in the next field. Go over next stile and bear right to stile in right-hand hedge. There are other paths here so keep right through hedge and diagonally right though next field, keeping pond to your left, then bear left to a gate in the left corner of the field.

A new community grew near to here, at Lees after Dalbury was abandoned during the time of the Black Death in 14th century. A short detour into the village will lead you to the 'Black Cow' on the Green.

- 24. Go into the next field and cross the 'Bonnie Prince Charlie Way'. Head in the direction of the farm, in the distance and go over the next stile / footbridge and diagonally across the next field to stile / footbridge. Go through stile and half-left across next field to a footbridge.
- 25. Cross footbridge and go over the field to the left of a pylon towards Foxfields Farm. At the corner of the field Note: The left-hand hedge has been removed turn right and walk along the hedge with the hedge on your right for a short distance, crossing hedge by fence posts. The stile in its rightful place appears to have been removed. Turn left and walk with the hedge, on your left. Then turn left through gate into track to next field.
- 26. In the field turn half-right aiming for the farmhouse and go through gate to join road adjacent to Foxfields Farm.
- 27. Turn right on to the road and walk past farm. Continue on road to junction adjacent to Corner Farm. Turn left onto footpath opposite junction. Go over stile through spinney, then across field to gate. Go through next 3 fields to gate.
- 28. Continue in next field with hedge on right then across next field to the road which is Long Lane. Cross over WITH CARE with the hedge on your left, continue on path through 3 fields. At the end of the third field turn right keeping hedge to your left, pass by pond on right to a stile. Cross this field/green lane to next field and proceed half-left to road. Turn right along Moor Lane.

At Langley Common, the Roman Road of 'Long Lane', between the forts of Rocester and Little Chester, passes near to the 'Blue Bell Inn'.

- 29. Immediately adjacent to the 'Blue Bell' proceed along Adams Road.

 Take the first right turn. Before the corner, where the road turns left and opposite the house, walk across the lawn to the stile in the hedge. The stile can be found behind the willow tree next to a small pond.
- 30. Proceed half-left across the field aiming below the houses in view across the field. Go between fields into next field, over stile and bear left and then over footbridge. In next field go diagonally across field to the middle gate of three. Go through gate and up the next field with hedge on your left to gate at the road adjacent to Sandy Lane Farm

near Kirk Langley. This is the Derby-Ashbourne Road (A52) - OBSERVE DUE CAUTION WHEN CROSSING THE ROAD HERE.

Catch The Swift (Mon-Sat) or 108 bus (Sun only) to return to Derby City centre.

Kirk Langley to Morley Smithy - 11 miles, 17.6 kilometres

Public Transport

To start - Catch The Swift (Mon-Sat) or 108 bus (Sun only) to alight before Kirk Langley at the nearest bus stop to Sandy Lane Farm where the walk crosses the A52 (See map). Walk to start. At finish - Catch H1 bus from 'Three Horseshoes Inn' to return to City centre.

- 1. At Sandy Lane Farm Cross over A52 WITH CARE to footpath on opposite side.
- 2. Go over stile and across field, aiming to the left of the farm buildings. Just before reaching farm buildings, turn left, pass them by and go over a stile and down the field. Continue through gate and bear left through next field to wooden bridge.
- 3. Go over bridge and in next field bear left to stile by gate. Bear left in the next field and walk along the right-hand side of hedge. Stay to the right of the hedge over 4 fields to the road.
- 4. Turn right into Lodge Lane. After a few hundred metres along the road turn right on to bridle way opposite Priest Wood. Continue on the bridle way for some distance, passing Upper Vicarwood Farm.

At Vicarwood, a high point 125m above sea level is reached on the bridle road behind the Pleasure Ground of Kedleston Park. A panoramic view of the City of Derby to the immediate south can be seen from here with the granite escarpment of Charnwood Forest on the horizon.

The bridleway continues downhill on a track and opposite the first lane on right - (which leads to Lower Vicarwood Farm) - turn left on footpath across narrow field to gap in bushes - NB Slightly obscure.

- 5. Go through bushes and straight ahead across 2 fields to the wooden bridge over Markeaton Brook. Cross the bridge and walk up field keeping hedge on your left. At the end of the field turn right and continue alongside the hedge on your left. At the end of the hedge, turn left again, keeping the hedge to your left, to meet the road.
- 6. CROSS THE ROAD WITH CARE Go through hedge on to footpath and cross the field, keeping the hedge to your right.
- 7. Cross footbridge into next field and proceed up field keeping hedge to your right.
- 8. At the top of the field turn almost back on yourself and take the path that goes back down, half-right, across the field aiming halfway down the hedge.
- 9. Go through stile and proceed diagonally across field Go through hedge on track and bear right up a bank to follow alongside hedge on

- your right.
- 10. Bear left in the next field to a stile by a gate, and then straight across next field to stile. In next field keep hedge to your right until you reach the road via 2 stiles. Turn right onto the road PROCEED ALONG THIS BUSY LANE FACING TRAFFIC AND TAKE EXTREME CARE.
- 11. Follow road and go around a right-hand bend to the outskirts of Quarndon. Turn left into footpath after Cottage No.74 and proceed down lane. After the last house, take footpath to the left.

THE HIGHEST POINT ON THE "DERBY NOMAD WAY" IS REACHED HERE AT 'THE COMMON', 147 metres (482 feet) above sea level. A detour could be made here, via Coach Drive, for an opportunity to view the Millennium Topograph on Bunker's Hill behind 'Montpelier'.

Quarndon was visited by Daniel Defoe in 1727, by which time the medicinal and 'curative' waters of the Chalybeate (Ka-Lib-e-at) Well had acquired fame and aspirations for the development of an important 'Spa'. A series of earth tremors, after around 1863, disrupted the 'spring' and the flow finally ceased from the Lion's Head Pourer following a major tremor in 1956. The ornate, castellated stone enclosure to the spring can be seen half-way down Church Road adjacent to the 'Joiner's Arms'.

Return bus service (109, Mon to Sat only) to Derby available from Quarndon.

- 12. Go over the stile and down field, with hedge on your left, past the Scots pines and straight ahead to a stile. Go over the stile and down the next 3 fields with the hedge on your left.
- 13. In the 4th and 5th field go straight across. Continue in 6th field with the hedge on your left. Then go over stile and bear right across the field to go between houses to the road This is 'Broadway' at Duffield on Wirksworth Road (B5023).
- 14. CROSS THE ROAD WITH CARE to meet footpath opposite, slightly to the left. Follow through houses to next road. Bear right across this road to enter footpath. Follow this footpath and turn left just before path leading to Scout and Guide Hut.
- 15. At the next road bear left and cross over by 'traffic-circle' to re-enter footpath and proceed to A6 main road.
- 16. CROSS THIS BUSY ROAD WITH CARE directly into Makeney Road. Continue and turn left onto footpath (Centenary Way) just before the railway bridge. Go down the steps and turn right back under the road. After a short distance through a field emerge onto a lane and turn left and forward over the railway (Midland Main Line) via the footbridge.

St. Alkmund's Church in Duffield is adjacent to an ancient crossing of the River Derwent, south of the main village. This religious site, during Anglo-Saxon times, was probably a refuge for travellers. The earliest remains of the existing building are from the Norman period. Duffield Bridge was constructed in 13th century and subjected to later widening for the Chesterfield Turnpike in

1812. Looking downstream, dominating the skyline on the eastern bank, can be seen the brick chimney of Peckwash Mill. Originally, a corn mill in 13th century but later, a paper mill of massive importance, being the largest producer of paper in the world during it's hey-day.

Return bus service (The Sixes) to Derby available from Duffield.

17. On the other side of the railway, go ahead through stile to the left of the church and from the field, take the left-hand path to stile. Go over stile and back onto Makeney Road. Turn right, go over river-bridge and turn right into Duffield Bank.

The 'Bridge Inn' at this point provides a convenient place for refreshment.

- 18. Proceed up the hill and where the road changes to Eaton Bank, turn left into a lane, then turn right onto the bridleway at the end of the lane and follow bridleway sign-posted 'Whitaker Lane'.
- 19. Go up the steps and at the top of the hill, turn right through the hedge and then turn left through Eaton Park Wood, for a short distance, before going over the stile into a field.

The 'Derby Nomad Way' begins to share part of its route here with the 'Midshires Way' and the 'Centenary Way' passing through Eaton Deer Park which existed during the Middle Ages.

20. Go through 2 fields, with the hedge on your left. In the third field, continue to follow the hedge closely to the bottom of the field. Go over a stile in the hedge and turn right onto a track and descend Whitaker Lane to Alfreton Road.

At this junction, on the outskirts of Little Eaton between the main settlement and Coxbench is the 'Bell and Harp' pub.

Return bus service (7.1, 9.2 or Amberline) to Derby available from 'Bell and Harp'.

- 21. At the junction with the Alfreton Road Turn left and after approx. 300 metres, on reaching a house on the opposite side of the road called "Sunny Side", cross the road WITH CARE and go up the path alongside the house.
- 22. Follow path over the railway line (Denby Branch) and Bottle Brook then cross the road on to a bridle path. Follow this path under the A38 and up into Horsley Carr Wood.
- 23. At the start of the Wood, turn left onto the walled-track, which is Moor Lane Do not take right fork Follow un-made track onto tarmacadamed lane of Brackley Gate and proceed to the junction with Sandy Lane.
- 24. Turn right at road junction into Sandy Lane. After a short distance turn right on to a footpath between the houses. The footpath is opposite a gate and farm buildings. Follow this round to Quarry

Road, turn right and walk down the lane. In a short distance, turn left on to a footpath just past a bus shelter on the left-side of the road.

In the field, before reaching Morley Moor Farm, the route again crosses the line of Ryknield Street on its way north to Templeborough (Rotherham).

- 25. Walk half-right across the field aiming to the left of barn, to a stile. Cross the field, with hedge and farm buildings to your right and go over stile in the corner. Proceed half-left across farm track to stile and into field.
- 26. Go diagonally across field to stile in the corner. In the next field, turn left and follow path with the hedge on your left and continue alongside hedge in the next field to the road. Turn left on to Brick Kiln Lane and walk up to the junction with Mansfield Road (A608) at Morley Smithy.

The 'Three Horseshoes Inn' is available here for refreshments if desired.

Catch H1 bus to return to Derby City centre.

Morley Smithy to Dale Abbey - 5.5 miles, 8.8 kilometres

Public Transport

To start - Catch H1 from City centre to stop at Morley Smithy. At finish - Catch Ilkeston Flyer bus near 'Cat and Fiddle' on A6096 to return to City centre.

- 1. At junction of Brick Kiln Lane with Mansfield Road Turn right and go past the 'Three Horseshoes Inn'.
- 2. Walk down to Morley Primary School, CROSS THE ROAD WITH CARE at the pedestrian-crossing. Turn left on the footpath just past the school.
- 3. Proceed over the stile and continue diagonally across the field, go across the track and straight-on over the stile bearing left across next field to the stile in the wall.

For those with time, a visit can be made to St. Matthew's Parish Church in Morley to discover some in-built remains from Dale Abbey and view the Sacheverell-Bateman Mausoleum. The (converted) Tithe Barn and Dovecote at Morley Hall are also of interest.

- 4. Continue on across small field with the Church on the right. Ignore stile to the left and take next stile, then diagonally across the next field and through stile to the road. Turn left onto the road.
- 5. Walk down the road and continue on the bridleway when the road ends and proceed on path to ford /footbridge over Stanley Brook. Go over footbridge, cross route of former Derby Friargate Ilkeston Railway and continue along footpath to the road.
- 6. At the road turn right on to Morley Lane. Walk down to the road to the junction and turn right, continue on Morley Road into Stanley until you reach Station Road.

The Church of St. Andrew, much restored in 1875, retains a few Norman features from its 12th century origin, a 14th century font and interesting Jacobean Pulpit. Stanley Colliery, closed in 1959, was a drift-mine or 'footrill', nicknamed 'Nibbl'um' or 'Nibby Pit' due to the coal-owners constantly cutting wages. In former times, the smooth white sandstone from Stanley Quarry was used to produce 'donkey-stones' used for polishing threshold steps. The 'White Hart' is open all day for refreshments.

Return bus service (Black Cat) to Derby available from Stanley.

- 7. Turn left into Station Road. After a short distance turn right into a footpath in front of Hall Farm.
- 8. Go straight down field and cross Stanley Brook by footbridge into lane. Turn left on lane and when this ends go ahead on track. At the point where the lane re-commences, turn right and then immediately left on to footpath, over stile into the field.
- 9. Continue up the field with the hedge on your left. Go over stile in the corner of the field and through a gate and across lane, over another stile and turn right. Proceed down field keeping hedge to your right.
- 10. Go over footbridge and straight on in the next field to a stile. In the next field, keep the hedge on your left to the next stile. Go over the next stile and straight on in the next field, keeping a mound to your right and mobile 'phone mast to your left, towards the lane.

This is 'The Flourish' and site of the former 'Stanhope Arms', on the old Derby-Nottingham route. Legend has it that the notorious outlaw Uthlagas preyed on the travellers but after dreaming of the Abbey in Depedale, he became a reformed character and then lived as a hermit.

11. Turn left on the lane and join A6096 (between Spondon and Kirk Hallam). Turn left on the road and after a short distance turn right on to footpath on the opposite side of the road.

A short detour is required to see Derbyshire's only remaining wooden postmill - The Cat & Fiddle Windmill - built in 1788. Privately owned and not accessible.

- 12. Go over stile into field and go slightly left across the field to gate and in next field go on with hedge on your left. In the next field, go forward and then half-right across the field to the right-hand far corner.
- 13. Go forward on track and after approximately 100 metres turn right and over a stile through hedge. In the field continue on, with hedge on your left, to the bottom of the field and turn left on to a track.
- 14. Proceed along track to the road and turn right and follow road around to 'All Saints' Church (semi-detached with farmhouse), then continue forward on to bridleway. If you turn left here you will go into Dale Abbey via 'The Village'.
- 15. At footpath junction by house, keep left and enter Hermit's Wood. As

- you go through the woods you can visit the Hermit's Cave, returning along the same path to continue through the woods to a field.
- 16. Cross the field to the road, with the woods on your right. This is Woodpecker Hill. Turn left and walk down the hill to Dalemoor Cottage at sharp left-hand corner.
- 17. Turn left here to re-enter Dale Abbey via Moor Lane or Turn right onto the lane to continue en-route.

Dale is worthy of exploration to search-out its fascinating buildings, some of which have incorporated remains of parts of the Abbey. The 'Carpenter's Arms' is in the centre of the village.

CONGRATULATIONS YOU HAVE NOW COMPLETED THE 50 MILE, 80 KILOMETRE "DERBY NOMAD WAY" CIRCUMNAVIGATING THE "CITY OF DERBY"

A footpath from the Car Park behind this Pub leads to the 'Cat & Fiddle' Bus Stop on Ilkeston - Derby Road (A6096), adjacent to Ashtree Farm.

Catch Ilkeston Flyer bus to return to Derby City centre.

The club was formed in 1935 by a group of five keen ramblers. Early members took part in the mass trespass of Kinder Scout in 1932, which resulted in the opening of access to the moors and freedom to roam. Today there are around 100 members. Walks of 10-15 miles are organised each Sunday in Derbyshire and surrounding counties. Shorter walks are held on the 1st and 3rd Wednesdays of each month, followed by a Pub lunch, in addition, occasional weekends and holidays are arranged in other areas.

Produced by the Derby Nomad Ramblers

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